

# #TraumaSurvivorsDay

After**Trauma**

# National Trauma Survivors Day Wednesday, May 15, 2019.

## Help us celebrate trauma survivors!



Print this sign and write a phrase such as "I am a survivor!" or "I love a survivor."



Take a picture holding the sign.



Upload the picture to Facebook, Twitter or Instagram using the hashtag **#TraumaSurvivorsDay**



Tag your survivor, support system or family members.



Tag **your** trauma center and connect with us:



@TraumaSurvivors



@TraumaSurvivors



<https://www.facebook.com/TraumaSurvivorsNetwork>

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